

Treherne 5K

Overall Male Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5248	Jeremie Rondeau	00:20:28.80		Runner	Treherne, MB	4:06/K	14.7kph	1	23	
2.	5254	Russell Wall	00:23:26.21		Runner	Treherne, MB	4:41/K	12.8kph	2	9	
3.	5249	Kadyn Smart	00:23:29.53		Runner	Treherne, MB	4:42/K	12.8kph	3	11	

Overall Female Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5247	Kristin Peterson	00:24:55.18		Runner	Portage La Prairie	4:59/K	12.0kph	5	13	
2.	5214	Wendy Chiponski	00:25:44.15		Runner	Portage la Prairie, MB	5:09/K	11.7kph	9	40	
3.	5279	Jennifer Pritchard	00:25:56.42		Runner	Treherne	5:11/K	11.6kph	10	34	

Male 0 - 9

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5254	Russell Wall	00:23:26.21		Runner	Treherne, MB	4:41/K	12.8kph	2	9	
2.	5260	Hunter MacLean	00:25:15.33		Runner	Carman, MB	5:03/K	11.9kph	8	8	
3.	5207	Vincent Boulet	00:28:15.34		Runner	Ile Des Chenes East, MB	5:39/K	10.6kph	20	8	
4.	5234	Easton Lounsbury	00:29:00.45		Runner	Treherne, MB	5:48/K	10.3kph	22	9	
5.	5230	Max Koscielny	00:30:45.25		Runner	Miami, MB	6:09/K	9.8kph	26	9	
6.	5217	Cooper Frizzley	00:33:05.09		Runner	Treherne, MB	6:37/K	9.1kph	33	6	
7.	5275	Luc Simon	00:37:33.52		Runner	Notre Dame de Lourde, CAN	7:31/K	8.0kph	47	9	
8.	5236	Pratt Lounsbury	00:39:17.83		Runner	Treherne, MB	7:51/K	7.6kph	52	7	
9.	5271	Reid Wall	00:39:40.28		Runner	Treherne, MB	7:56/K	7.6kph	56	7	
10.	5278	Croft Wyatt	00:57:37.91		Runner	Morden, MB	11:31/K	5.2kph	72	6	

Female 0 - 9

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5219	Madison Froese	00:28:14.95		Runner	Carman, MB	5:39/K	10.6kph	19	7	
2.	5203	Isabella Albert	00:33:04.10		Runner	Winnipeg, MB	6:37/K	9.1kph	32	9	
3.	5239	Mila Marginet	00:33:49.07		Runner	Treherne, MB	6:46/K	8.9kph	36	8	
4.	5253	Raina Vigar	00:33:49.07		Runner	Treherne, MB	6:46/K	8.9kph	37	9	

Male 10 - 14

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5249	Kadyn Smart	00:23:29.53		Runner	Treherne, MB	4:42/K	12.8kph	3	11	
2.	5204	Brayden Bobier	00:24:11.45		Runner	Carberry, MB	4:50/K	12.4kph	4	10	
3.	5222	Carter Giesbrecht	00:25:03.65		Runner	Winnipeg, MB	5:01/K	12.0kph	7	11	
4.	5229	Lincoln Koscielny	00:26:06.44		Runner	Miami, MB	5:13/K	11.5kph	11	11	
5.	5232	Danny Lints	00:26:08.29		Runner	Pilot Mound, MB	5:14/K	11.5kph	12	13	
6.	5221	Brayden Giesbrecht	00:26:45.25		Runner	Winnipeg, MB	5:21/K	11.2kph	15	11	
7.	5240	Nolan Marginet	00:27:53.86		Runner	Treherne, MB	5:35/K	10.8kph	18	11	
8.	5241	Chad Melnic	00:32:23.01		Runner	Portage la Prairie, MB	6:29/K	9.3kph	30	11	
9.	5272	Ethan Wiebe	00:50:18.32		Runner	Sperling, MB	10:04/K	6.0kph	61	11	

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Female 10 - 14

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5247	Kristin Peterson	00:24:55.18		Runner	Portage La Prairie	4:59/K	12.0kph	5	13	
2.	5231	Addison Lints	00:26:25.91		Runner	Pilot Mound, MB	5:17/K	11.4kph	13	10	
3.	5213	Keira Chevalier	00:26:35.41		Runner	Hartney, MB	5:19/K	11.3kph	14	13	
4.	5212	Addison Bruce	00:31:14.70		Runner	Miami, MB	6:15/K	9.6kph	28	10	
5.	5205	Jacinta Boulet	00:34:22.13		Runner	Ile Des Chenes East, MB	6:52/K	8.7kph	38	11	
6.	5237	Maria Mangin	00:35:56.53		Runner	Bruxelles, MB	7:11/K	8.3kph	41	11	
7.	5246	Kaylee Peterson	00:37:16.13		Runner	Portage La Prairie, MB	7:27/K	8.1kph	45	11	

Male 15 - 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5220	Colby Gauthier	00:29:09.89		Runner	St Claude, MB	5:50/K	10.3kph	23	15	

Female 15 - 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5209	Alicia Brodie	00:39:20.25		Runner	Morden, MB	7:52/K	7.6kph	53	17	
2.	5210	Claudette Brodie	00:39:21.23		Runner	Morden, MB	7:52/K	7.6kph	54	16	

Male 20 - 24

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5248	Jeremie Rondeau	00:20:28.80		Runner	Treherne, MB	4:06/K	14.7kph	1	23	
2.	5243	Jeff Michiels	00:24:58.20		Runner	Holland, MB	5:00/K	12.0kph	6	21	

Female 20 - 24

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5255	Emily Wiebe	00:50:58.41		Runner	Winnipeg, MB	10:12/K	5.9kph	63	22	

Male 25 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5250	Blayne Stobbe	00:28:39.19		Runner	Winnipeg, MB	5:44/K	10.5kph	21	25	

Female 25 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5211	Lindsey Brooks	00:30:48.96		Runner	Oakville, MB	6:10/K	9.7kph	27	25	
2.	5268	Jolene Rheault	00:56:22.87		Runner	Treherne, MB	11:16/K	5.3kph	69	25	
3.	5273	Jessica Young	00:56:22.92		Runner	Midale, SK	11:16/K	5.3kph	70	26	

Male 30 - 34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5267	Andrew Hnatiuk	00:27:25.23		Runner	Manitou, MB	5:29/K	10.9kph	17	30	

Female 30 - 34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5279	Jennifer Pritchard	00:25:56.42		Runner	Treherne	5:11/K	11.6kph	10	34	
2.	5274	Allison Simon	00:37:49.63		Runner	Notre Dame de Lourde, CAN	7:34/K	7.9kph	49	34	
3.	5228	Lindsey Jordan	00:38:45.90		Runner	Portage la Prairie, MB	7:45/K	7.7kph	50	34	
4.	5206	Laura Boulet	00:55:47.95		Runner	St Claude, MB	11:09/K	5.4kph	67	33	

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5.	5257	Amie Boulet	00:55:53.55	Runner	Rathwell, MB	11:11/K	5.4kph	68	30
6.	5269	Robyn Honig	00:56:26.21	Runner	Treherne, MB	11:17/K	5.3kph	71	32
7.	5276	Tournier-Croft Chrissy	00:58:24.38	Runner	Morden, MB	11:41/K	5.1kph	74	32

Male 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5259	Steve Derksen	00:50:53.75		Runner	Brandon, MB	10:11/K	5.9kph	62	39	

Female 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5261	Krista MacLean	00:32:18.65		Runner	Carman, MB	6:28/K	9.3kph	29	37	
2.	5218	Lindsay Frizzley	00:35:38.81		Runner	Treherne, MB	7:08/K	8.4kph	40	36	
3.	5244	Amber Monk	00:36:27.56		Runner	Ashern, MB	7:17/K	8.2kph	42	36	
4.	5235	Melissa Lounsbury	00:39:41.75		Runner	Treherne, MB	7:56/K	7.6kph	57	39	
5.	5233	Jill Lints	00:40:28.66		Runner	Pilot Mound, MB	8:06/K	7.4kph	58	39	
6.	5277	Spencer Nicky	00:58:23.21		Runner	Carman, MB	11:41/K	5.1kph	73	35	

Female 40 - 44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5214	Wendy Chiponski	00:25:44.15		Runner	Portage la Prairie, MB	5:09/K	11.7kph	9	40	
2.	5223	Gloria HARNETT	00:29:25.36		Runner	Portage la Prairie, MB	5:53/K	10.2kph	24	43	
3.	5216	Kristel Elskamp	00:29:28.85		Runner	Sanford, MB	5:54/K	10.2kph	25	43	
4.	5202	Christine Albert	00:33:07.56		Runner	Winnipeg, MB	6:37/K	9.1kph	34	41	
5.	5238	Jody Marginet	00:37:27.97		Runner	Treherne, MB	7:29/K	8.0kph	46	40	
6.	5225	Karen Hiebert	00:37:36.95		Runner	Portage la Prairie, MB	7:31/K	8.0kph	48	40	
7.	5262	Gina North	00:39:12.44		Runner	Carman, MB	7:50/K	7.7kph	51	44	
8.	5208	Joanne Bradley	00:39:39.12		Runner	Morden, MB	7:56/K	7.6kph	55	43	

Male 45 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5242	Dean Melnic	00:32:24.99		Runner	Portage la Prairie, MB	6:29/K	9.3kph	31	46	
2.	5245	Jean-Marc Nadeau	00:36:54.74		Runner	Portage la Prairie, MB	7:23/K	8.1kph	44	48	

Female 45 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5256	Wendy Wirth	00:35:30.44		Runner	Treherne, MB	7:06/K	8.5kph	39	46	
2.	5227	Nicole Jeffers	00:36:27.94		Runner	Eriksdale, MB	7:17/K	8.2kph	43	47	
3.	5270	Evelyn Roy	00:43:35.08		Runner	St. Pierre Jolys, MB	8:43/K	6.9kph	59	48	

Male 50 - 54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5201	Alex Albert	00:33:08.65		Runner	Winnipeg, MB	6:38/K	9.1kph	35	51	

Female 50 - 54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5263	Jane Lawler	00:26:48.18		Runner	Winnipeg, MB	5:22/K	11.2kph	16	54	

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Female 55 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5252	Valerie Tournier	00:58:27.70		Runner	Carman, MB	11:41/K	5.1kph	75	58	

Male 60 - 64

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5215	Dwight Cutting	00:49:06.43		Runner	Portage La Prairie, MB	9:49/K	6.1kph	60	64	
2.	5266	Terry Howard	01:06:55.58		Runner	Lac Du Bonnet, CAN	13:23/K	4.5kph	77	64	

Female 60 - 64

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5226	Pat Howard	00:55:15.11		Runner	Lac Du Bonnet, MB	11:03/K	5.4kph	65	64	
2.	5264	Laurie Pilon	01:06:54.07		Runner	Lac Du Bonnet, CAN	13:23/K	4.5kph	76	62	

Female 70 - 74

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5265	Margret Baldwin	00:55:21.69		Runner	Victoria, CAN	11:04/K	5.4kph	66	70	

Female 75 - 79

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5258	Elsie Derksen	00:51:02.87		Runner	Carman, MB	10:12/K	5.9kph	64	78	